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# Homemade Natural Hair Care (with Essential Oils): DIY Recipes To Promote Hair Growth, Shine & Repair (Shampoo, Conditioner, Masks, Aromatherapy, Hair Loss Treatment - 100% Cruelty Free)





## Synopsis

**Homemade Natural Hair Care (with Essential Oils): DIY Recipes to Promote Hair Growth, Shine & Repair**

Learn how to treat your hair at home using organic treasures today! If you are sick and tired of the amount of toxins we are all bombarded with in commercial hair care products, which are loaded with damaging chemicals and harsh ingredients, then look no further. This book will be your ultimate guide to improving and restoring your hair's overall health, condition, growth and appearance. This book will provide you with the basic steps and ingredients that will enable you to prepare your hair care products at home, including shampoo, conditioner and deeply moisturizing hair masks. It will also help you discover a few simple steps for the most effective, nourishing and aromatic ingredient combinations in order to combat hair loss and promote growth, shine and repair. Using essential oils in your hair care recipes will evoke an enticing feast for your senses as well as add many nutritive benefits for effective hair repair. By discovering how certain ingredients contribute to the health of your hair, you will learn to tailor each recipe to treat your hair with the most nourishing formula that is most suited to your hair type, whilst indulging your senses in a deeply fulfilling mind and body experience.

**Why you must have this book:** This book will teach you how to make use of the powers of essential oil, herbs, and other natural ingredients to revitalize your hair, promote growth, and treat other problems such as dandruff or split ends. This book contains a variety of shampoo, conditioner and mask recipes to help combat a number of hair troubles in normal, dry and oily hair. This book will guide you on your journey to mastering the craft of homemade hair care while enjoying the creative process. You will learn how to use raw ingredients and the best combinations to achieve healthy, beautiful hair. This book will help you understand why it is essential to ditch commercial, store-bought products filled with damaging chemicals. This book will give you confidence in the freedom in experimenting with your own ingredients to create ingenious products of your own. All ingredients within this book are cruelty free and vegan to ensure none of our furry friends are harmed in the pursuit of beauty.

**The benefits you'll receive from "Homemade Natural Hair Care":** How to dilute essential oils and use them in optimal combinations. The wonderful benefits of many herbs, fruits and oils to use in your hair care. Which plants can help you combat your hair troubles most effectively. The importance of knowing the powerful restorative properties of many plants and essential oils. Reaping the benefits of the gorgeous, shiny, healthy hair you desire. Learning about the amazing potentials of essential oil to treat a myriad of hair problems whilst enchanting your senses.

Interested in learning more? Download your copy today to achieve beautiful, healthy hair!

## Book Information

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## **Customer Reviews**

The author writes, from extensive research and personal experience, a very well-thought out book that clearly describes the benefits of using all natural ingredients and essential oils for your hair (and mind and body). Definitely recommended for those seeking organic, cruelty-free hair care alternatives.

This book was a pleasure to read and very detailed. The author offers many recipes and directions for healthy haircare using natural ingredients and essential oils. This is a book you can refer back to often. I appreciate the time the author took to put this book together. I have not actually had time yet to gather ingredients and try out but as soon as I do I will update this review.

Once again Carmen Reeves gives us useful and beneficial information. I like the recipes in this book and have used quite a few. They are easy to follow and I like that my daughter and I can both make them together. Thanks again Carmen!!

I need to know how much fresh herbs you use for your recipes!! You just say nettle or sage, you don't give any amount, and if I can't access say a cup of fresh nettle leaves, can I use dried? How do I prepare the dried nettle/chamomile/sage to make it work??? How much water would I use to So disappointed that major questions are left unanswered. I would like a complete list of all herbs you recommend for shampoo and conditioner and a list of ones NOT to use. Please answer and I will change the rating!

Really good basic information on how to make and create your own hair products that you WISH were in stores!

Love the recipes in this book.

Lots of tips and information

Right in the very first part of the book, the author stated that essential oils contain significant amounts of Vitamins A and C. I've used essential oils for over 20 years and never heard that before. I Googled "do essential oils contain vitamins", first hit was a website called "Young Living" and their short answer is "No" the molecules are too big, for one thing and the second is they don't survive the steam distillation process. I stopped right there, it took me 3 seconds to find that answer and I'm guessing Carmen Reeves is too busy banging out books to vet her information. Should be no stars.

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